

Consults

Signed Sep 7, 2026

Consults by Dara W, RD at 9/7/2026 3:04 PM

Nutrition Note

PATIENT NAME: Carol C Poston

DATE: 9/7/2026 **TIME:** 3:14 PM

Note Type: Brief note

Assessment

Pt is a 66 yo female with hx of severe pulmonary HTN, severe tricuspid regurgitation, CHF, chronic respiratory failure, afib, DM II, CKD. She comes in with complaints of leg swelling and ambulatory dysfunction related to leg swelling for past week. She is not a long term dialysis candidate. Pt admitted to ICU for hypotension and HF exacerbation.

Mon 9/7/2026: Received HF consult. Currently in CVICU, on epi. Noted mention of palliative care - pt defers for now. Pt last received HF diet education on 4/27/2026. Do not feel HF diet education is indicated at this time.

Interventions

1. Agree with CKD diet with 1.5L FR

Follow-up Information

Follow-Up Date: 09/11/26

Follow-Up Reason: Full

Dara Whittle, RD
9/7/2026 3:14 PM

