

Plan of Care

Signed Sep 9, 2026

Plan of Care by Caroline C, RN at 9/9/2026 1:39 PM

Problem: Risk for Fall-Universal

Goal: Fall Prevention During Hospitalization-Universal

Outcome: Progressing

Intervention: Universal Fall Precautions Interventions-IP

Recent Flowsheet Documentation

Taken 9/9/2026 1200 by Caroline J Cartmel, RN

HD IP Universal Fall Precautions Interventions:

- Call light/belongings in reach
- Bed in low position and locked
- Wheelchairs and chairs locked
- Siderails up X2
- Ensure adequate lighting
- Clutter free and spill free environment
- Educate to the purpose of universal fall precautions
- Educate to call for assistance
- Keep closet and bathroom doors closed when not in use
- Use of footwear (See row information)

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Taken 9/9/2026 0800 by Caroline J Cartmel, RN

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Problem: Chronic Kidney Disease

Goal: Maintain best kidney function

Outcome: Progressing

Goal: Educate about Dialysis

Outcome: Progressing

Goal: Educate about nutrition for renal disease

Outcome: Progressing

Goal: Educate about complications of Renal Disease

Outcome: Progressing

Problem: Cardiac: Heart Failure

Goal: Hemodynamic stability will improve by discharge

Description: Hemodynamic stability will improve by discharge

Outcome: Progressing

Goal: Cardiac arrhythmias will improve or return to baseline by discharge

Description: Cardiac arrhythmias will improve or return to baseline by discharge

Outcome: Progressing

Problem: Risk for Decreased Mobility

Goal: Patient's mobility will be maintained/improved during hospital stay

Outcome: Progressing

Goal: Mobility Care consults utilized appropriately

Outcome: Progressing

Goal: Patient mobilizes safely throughout hospitalization

Outcome: Progressing

Problem: Risk for Fall-Low-IP

Goal: Patient will remain free of falls during hospital stay-IP

Outcome: Progressing

Intervention: Universal Fall Precautions Interventions-IP

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Intervention: Low Fall Precautions Interventions-IP

Recent Flowsheet Documentation

Taken 9/9/2026 1200 by Caroline J Cartmel, RN

HD IP Low Fall Risk Interventions (7-10): Individualize HD Falls Care Plan

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HD IP Low Fall Risk Interventions (7-10): Individualize HD Falls Care Plan

Problem: Knowledge Deficit

Goal: Patient/family/caregiver demonstrates understanding of disease process, treatment plan, medications, and discharge instructions

Description: Complete learning assessment and assess knowledge base.

Outcome: Progressing

Problem: Compromised Skin Integrity

Goal: Skin integrity is maintained or improved

Description: Assess and monitor skin integrity. Identify patients at risk for skin breakdown on admission and per policy. Collaborate with interdisciplinary team and initiate plans and interventions as needed.

Outcome: Progressing

Goal: Fluid and electrolyte balance are achieved/maintained

Description: Assess and monitor vital signs (orthostatic vitals if applicable), fluid intake and output, urine color, labs, skin turgor, mucous membranes, jugular venous distention, edema, circumference of edematous extremities and abdominal girth, respiratory status, and mental status. Monitor for signs and symptoms of hypovolemia (tachycardia, rapid breathing, decreased urine output, postural hypotension, confusion, syncope). Monitor for signs and symptoms of hypervolemia (strong rapid pulse, shortness of breath, difficulty breathing lying down, crackles heard in lung fields, edema). Collaborate with interdisciplinary team and initiate plan and interventions as ordered.

Outcome: Progressing

Goal: Nutritional status is improving

Description: Monitor and assess patient for malnutrition (ex- brittle hair, bruises, dry skin, pale skin and conjunctiva, muscle wasting, smooth red tongue, and disorientation). Collaborate with interdisciplinary team and initiate plan and interventions as ordered. Monitor patient's weight and dietary intake as ordered or per policy. Utilize nutrition screening tool and intervene per policy. Determine patient's food preferences and provide high-protein, high-caloric foods as appropriate.

Outcome: Progressing

Problem: Urinary Incontinence

Goal: Perineal skin integrity is maintained or improved

Description: Assess genitourinary system, perineal skin, labs (urinalysis), and history of incontinence to include past management, aggravating, and alleviating factors. Collaborate with interdisciplinary team and initiate plans and interventions as needed.

Outcome: Progressing

Problem: Risk for Fall-Low-IP

Goal: Patient will remain free of falls during hospital stay-IP

Outcome: Progressing

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